PALM BEACH COUNTY MEDICAL SOCIETY

Alternatives to Opioids for Pain Management/Complimentary Approaches to Opioid Use Disorder Recovery

Saturday, November 2, 2019 8am – 3pm

1. Registration & Breakfast 8:00 - 8:30am
2. Welcome - Opening Remarks 8:30 - 8:45am

Tenna Wiles, Brent Schillinger, MD & Dean Jeffrey Lewis, PharmD

1. How Did We Get Here? 8:45 - 9:05am

Department of Health Directive and the Law/Implementation and Barriers

Mark Rubenstein, MD

1. The Role of the Pharmacist in Collaboration with the Physician 9:05 – 9:25am

for Pain Management

Erin Dorval, PharmD

1. Panel Discussion – Alternatives to Opioids for Pain Management - Panel 1

Dental Pain Alternative Approaches - Jay Goldman, DMD, LCSW 9:30 – 10:45am

Medical Marijuana for Pain - Tulisa LaRocca, MD

Interventional Pain Approaches - Adam Shestack, MD

Osteopathic Manipulation OMM – Stanley Lee Wisnowski, DO

Physical Therapy for Pain & Recovery - Ahmed Rashwan DPT

VA Approach to Coordinated Care - Ramon Cuevas -Trisan, MD

Approaches to Minimize Opioids in Orthopedic Surgery - Chadwick Hampton, MD

Alternatives for Rheumatologic Patients - George E Munoz, MD

1. Alternatives to Pain Management - Panel II 11:00 - 12:15pm

Acupuncture - George Xavier Love, DOM

Massage Therapy - Peter Fox

Exercise/Yoga - Octavio CiFuentes, Hessam Khatami DC

Equine Therapy for Pain/Recovery - Lizabeth Olszewski

Canine Assisted Therapy for Pain Management - Kelsey Evans

Alexander Technique for Pain Management - Gaynelle Gosselin

1. Lunch 12:15 - 12:45pm
2. Medical Standard Approaches to Recovery and Why We Need 12:45 - 1:05pm

Complimentary Approaches - Aldo Morales, MD

1. Complimentary Approaches to Long Term Recovery from Opioid Use Disorder 1:05 - 2:45pm

Physical Therapy for Recovery - Ahmed Rashwan, DPT

Creation and Expression Through Music - Billiam Bennett

Music Therapy Recovery Unplugged - Paul Pellinger

Osteopathic Manipulation OMM - Stanley Wisnoski, DO

EMDR, Nexalin and other Innovative Approaches - Jay Goldman, DMD, LCSW

Equine Therapy for Pain/Recovery - Lizabeth Olszewski

Dogs and other Pets to Help in Recovery - Bindu Mayi, PhD

Exercise/Yoga - Octavio Cifuentes, Hessam Khatami, DC

Integrated Approach to Recovery - George E Munoz, MD

Q & A 2:45 - 3:00pm