Selecting a Quality Addiction Treatment Program

The questions in this brochure are offered to help guide and assist the consumer in selecting a quality addiction treatment program.

By asking questions like these of a prospective program you might be working with - you can gain a great deal of insight into how they operate and what their approach is to addiction treatment.

How a program responds can help the consumer determine if there is a good fit between the program and the prospective client/patient.

The Palm Beach County Medical Society does not endorse any particular program but merely offers these suggested questions as a means to gather more information so the consumer can make an informed decision.

Things to know when selecting a quality addiction treatment program

A Guide for Patients, Families and Friends

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LEARNING ABOUT THE TREATMENT CENTER

Ask the Facility Director/Manager:

- Is it State Licensed and in compliance with state regulations and laws?
- Is it under the direct supervision of a licensed Medical Director, ideally Board Certified, Licensed in Psychiatry and/or ABAM/ASAM?
- Is it Accredited by a recognized agency, i.e. The Joint Commission, CARF, FARR, etc.?

Do they:

- Offer access to and/or the ability to attend group support meetings such as Alcohol Anonymous and Narcotics Anonymous?
- Provide Life Skills Training?
- Provide Substance Use Disorder education?
- Promote a strong recovery rate, low relapse rate and a method of tracking patient outcomes?
- Routinely drug tests their patients using outside labs as determined by a physician?
- Have a policy for patients testing positive for illegal substances while in treatment?
- Advise the patient of the financial responsibility, and is the patient aware of copays, deductibles and out of pocket charges?
- Maintain patient records as confidential and protected under U.S. HIPAA and Hi-tech laws?

LEARNING ABOUT THE TREATMENT CENTER

Confirm with the Facility Director/Manager:

- If Residential patients are tested for communicable diseases and Tuberculosis?
- If Residential patients are provided with properly credentialed, (RNs) on-site, wide awake staff 24/7?
- If the Residential patients are provided with recreational activities?
- If the Residential patients are provided with healthy food and beverages?
- If there is an Emergency Operations Plan?
- (View) If the Center's buildings, grounds and facilities are clean and well maintained?
- (View) If the Center's Hours of Operation and Toll Free "Hotline" to report suspected fraud, abuse, waste, and any grievance is posted and in clear sight?

For resources and for more information go to:
https://www.pbcms.org/opioid-addiction-treatment-resources

TAKE A TOUR / VIEW THE FACILITY

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