

WHY IS THIS IMPORTANT?

Adverse Outcomes in people who experience 4 or more ACEs

4- to 12- fold increase

- Alcoholism
- Drug abuse
- Depression
- Suicide attempt

2- to 4- fold increase

- Smoking
- Poor self-related health
- Greater than 50 sexual intercourse partners
- Sexually transmitted disease
- Ischemic heart disease
- COPD
- Liver disease
- Stroke

1.4- to 1.9- fold increase

- Physical inactivity
- Severe obesity
- Cancer
- Skeletal fractures
- Diabetes

