

ACEs Tools and Resources for Providers

Background Information

1. CDC's Adverse Childhood Experiences Study
 - Overview, history and publication list
 - <https://www.cdc.gov/violenceprevention/acesstudy/index.html>
2. Robert Wood Johnson Foundation Adverse Childhood Experiences Study Infographic
 - A visual overview of the ACE Study
 - <https://www.rwjf.org/en/library/infographics/the-truth-about-aces.html>
3. The Science of Early Childhood
 - Harvard Center on the Developing Child overview on the effects of toxic stress on the developing brain, with good videos.
 - <https://developingchild.harvard.edu/resources/inbrief-science-of-eed/>
4. The Adverse Childhood Experiences Study
 - The largest health study you never heard of
 - <https://www.ncbi.nlm.nih.gov/pubmed/9635069>
5. Trauma Informed Care
 - Resources from trauma informed care leaders
 - <https://www.traumainformedcare.chcs.org/>

General Tools

1. ACEs score
 - Word document: <https://www.ncjfcj.org/sites/default/files/Finding%20Your%20ACE%20Score.pdf>
 - Score and understanding what it means- for patients: <https://acestoohigh.com/got-your-ace-score/>
2. List of ACE surveys
 - <http://www.acesconnection.com/g/resource-center/blog/resource-list-extended-aces-surveys>
 - Subsequent surveys include racism, witnessing violence outside the home, bullying, losing a parent to deportation, living in an unsafe neighborhood, and involvement with the foster care system.
3. Resilience Questionnaire
 - PDF: https://www.wcasa.org/file_open.php?id=801
 - Score and understanding what it means- for patients: <https://acestoohigh.com/got-your-ace-score/>
4. ACEs Connection Webinar on Teaching Trauma Informed Practices
 - <https://www.acesconnection.com/pages/aces-webinar-teaching-trauma-informed-practices>

Local Resources

1. Center for Family Services and Center for Child Counseling
 - Cognitive Behavioral Therapy
 - Interpersonal Therapy
 - Child Parent Psychotherapy
2. Rapid Response Therapy
 - Works to resolve the ongoing effects of traumatic experiences gently and painlessly by pinpointing the root causes of the problems without having the individual relived the traumatic experience. Change from the therapy has been shown to be immediate, after just one session, and long lasting. There are practitioners trained in this type of therapy located all over and the founder has a center in Delray, Florida.
 - <https://rapidresolutiontherapy.com/#1499333130931-f50a1e20-be9d>